

showers OF POWER

Healing prayers are to be prayed out loud daily for those who need continual touch - based upon 23 Bible verses - a Biblical prayer for Monday through Friday.



Jennifer Jackson

DAY ONE

healing prayer

Dear Father God in Heaven,

I come to You today in total faith, because I know that it is impossible to please You without faith. The book of Hebrews says that You reward those who diligently seek

You, and that we can approach Your throne of grace in confidence for mercy in our time of need. I have a desperate need. Building up my courage, I ask You to come and help me. Jeremiah 10:10 says, "You are the true and living God." I move toward You, seeking the promise of Your healing process over my life. My hope will not waver for You are the Lord that heals me.

Amen



Jennifer Jackson

DAY ONE

healing prayer

Theme: Faith, Ask and Seek

Hebrews 4:16 Let us then approach God's throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.

Hebrews 11:6 And without faith it is impossible to please God, because anyone who comes to him must believe that he rewards those who earnestly seek him.

Jeremiah 10:10 But the Lord is the true God: he is the living God, the eternal King.

James 1:6-7 But when he asks, he must believe and not doubt, because he who doubts is like a wave of the sea, blown and tossed by the wind. That man should not think he will receive anything from the Lord.

Exodus 15:26 He said, "If you listen carefully to the voice of the Lord your God and do what is right in his eyes, if you pay attention to his commands and keep all his decrees, I will not bring on you any of the diseases I brought on the Egyptians, for I am the Lord, who heals you."



Jennifer Jackson

DAY TWO

healing prayer

Dear Father God in Heaven,

Today, I put my trust in You alone and in the truth of Your Holy Word. Faith comes by hearing, and hearing by the Word of God. I'm excited to pray and read Your word aloud. Praise be to the Lord, because not one word has failed of all Your good promises. I know without a doubt, that I am Your precious child. You are a God who loves Your children, and it is Your will to heal me. I love the fact that You said, "Jesus Christ is the same yesterday and today and forever." Your Word also says, "great multitudes followed Jesus and He healed them all" and "as many as touched Him were made perfectly whole." I ask you to make me whole today and cover me in a deep peace that passes all understanding. On the cross, Jesus took my infirmities and bore my sicknesses. I break any curse of disease, not in my own strength, but through the power of the blood of Jesus. Thank You for the cross.

Amen



Jennifer Jackson

DAY TWO

healing prayer

Theme: Promise of God's Word, Healing and Jesus

Romans 10:17 Consequently, faith comes from hearing the message, and the message is heard through the word of Christ.

1 Kings 8:56 "Praise be to the Lord, who has given rest to his people Israel just as he promised. Not one word has failed of all the good promises he gave through his servant Moses.

Hebrews 13:8 Jesus Christ is the same yesterday and today and forever.

Matthew 12:15 Aware of this, Jesus withdrew from that place. Many followed him, and he healed all their sick.

Matthew 14:35-36 ...People brought all their sick to him and begged him to let the sick just touch the edge of his cloak, and all who touched him were healed.

Philippians 4:7 And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Matthew 8:16-17 When evening came, many who were demon-possessed were brought to him, and he drove out the spirits with a word and healed all the sick... "He took up our infirmities and carried our diseases."

Galatians 3:13 Christ redeemed us from the curse of the law by becoming a curse for us...



Jennifer Jackson

DAY THREE

healing prayer

Dear Father God in Heaven,

I humble myself before You. You are my Holy and beautiful God. I choose to pause now, even during my hurt, disappointment, confusion, or pain and give You the praise You deserve. I physically put my hands in the air and with my mouth I speak aloud "Praise the Lord, my soul; all my inmost being, praise His holy name."

I forget not all Your benefits and hold them close to my heart: YOU

Forgive all my sins

You heal all my diseases

You redeem my life from the pit

You crown me with love and compassion

You satisfy my desires with good things

You renew my youth like an eagle

I believe and receive all Your goodness into my life and body right now.

Amen



Jennifer Jackson

DAY THREE

healing prayer

Theme: Praise and Benefits

Psalm 103:1-5 Praise the Lord, my soul;
all my inmost being, praise his holy
name. Praise the Lord, my soul, and
forget not all his benefits- who forgives all
your sins and heals all your diseases,
who redeems your life from the pit and
crowns you with love and compassion,
who satisfies your desires with good
things so that your youth is renewed like
the eagle's.



Jennifer Jackson

DAY FOUR

healing prayer

Dear Father God in Heaven,

Thank you for sending Your one and only son Jesus to endure the cross. I desire complete and total healing that I might be able to serve You more. Please restore my emotions, mend my heart, and touch my body as only You can do. I receive it! Thank You for Jesus, who took the stripes by which I am healed. You bought me at a great price. I want to glorify You in my body and in my spirit which are Yours, I am grateful. I am committing, with Your help, to be responsible and do my best with fresh eating, movement, and wise choices. You said, “we can ask for anything in Jesus’ name and He would do it.” I ask You for a body that is energetic, healthy, active, and strong. You are the Lord, my doctor.

In Jesus’ name, Amen



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DAY FOUR

healing prayer

Theme: Jesus' Power to Heal because of the Cross

Mark 11:23-24 "I tell you the truth, if anyone says to this mountain, 'Go, throw yourself in the sea,' and does not doubt in his heart but believes that what he says will happen, it will be done for him. Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours.

Isaiah 53:5 But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was upon him, and by his wounds we are healed.

1 Corinthians 6:20 You were bought at a price. Therefore honor God with your body.

John 16:23 I tell you the truth, my Father will give you whatever you ask in my name.



Jennifer Jackson

DAY FIVE

healing prayer

Dear Father God in Heaven,

I am so glad to know You and the truth. I have access to Your authority over the enemy because greater is He that is in me than he that is in the world. James 4:7 says to resist the devil and he will flee from you! Right now, I firmly resist every physical attack on my body. In the name of Jesus Christ, I command the very cause of my sickness to leave and any pain, side effects, or symptoms to be destroyed by God's power. You are greater than my situation. Thank you for being present with me right now.

I am standing on Your Word. I am expecting You to keep Your promises and fulfill Your commitment to me: "I am the Lord that heals you." I honor You, serve You, and appreciate You. I know You are hearing my prayers. I am looking forward to this divine answer. I thank You in advance that any infection, complication, allergy, tumor, virus, or disease is now destroyed. According to Jesus' assurance, I will fully recover.

Amen (which means "so BE it!").



Jennifer Jackson

DAY FIVE

healing prayer

Theme: The Lord hears us, Benefits

1 John 3:8 The reason the Son of God appeared was to destroy the devil's work.

1 John 4:4 You, dear children, are from God and have overcome them, because the one who is in you is greater than the one who is in the world.

James 4:7 ...Resist the devil and he will flee from you.

Luke 10:19 I have given you authority to trample on snakes and scorpions and to overcome all the power of the enemy; nothing will harm you.

Psalms 34:15 The eyes of the Lord are on the righteous, and his ears are attentive to their cry.



Jennifer Jackson